

Hollis Seniors Newsletter

April 2023

Reminder: we are still doing Yoga each Thursday from 1015 to 1100 AM here in the Barn. Spread the word and bring your friends. Donation is still only \$5.00.

It is with a heavy heart that we announce the passing of 2 of our wonderful members: Sheila Carrier and David Seager. Our hearts and prayers go out to their families. May they rest in peace.

March was an interesting month. To start, and help with warding off the March cold, we tried many exotic snacks, such as sea weed, dehydrated watermelon, pine berries, etc. Most interesting and above all, delicious!

The next week was a make up for missed March business meeting due to the March heavy snow storm. It was also a day of free play with various games.

The following week was a celebration of St Paddy's Day which included Irish music and Irish sing-along songs.

Our next agenda was saying hello to spring with spring gardening notes and planting tips. Also spring flower seeds contained in compostable containers were passed out. Members were instructed on how to take care of their new seeds and future flowers as they took home their biodegradable containers. Will be interesting and fun to see how successful our members were in raising their new, spring flowers.

During our last meeting of the month we celebrated March birthdays with cake and ice cream along with our business meeting. Items discussed were:

The possibility of moving the annual picnic, normally held in June, to the July or August time frame. This item will be discussed further at the April business meeting.

The proposed "phone tree" is still being worked on. The problem is some families have multiple phone numbers, ie, cell, land line, VOIP, etc.

Following are the activities for April:

April 6: News Online

Juliana Rowland, Editor of the H-B News Online, will talk with us about the newspaper providing up-to-date news for Hollis and Brookline

April 13: Free play day

Sit and chat, brain yoga word searching, a day of enjoyment.

April 20: GSA

Maurice and Elaine Demers, Pam and Jeff Arpin will tell us about the **Granite State Ambassadors** program.

April 27: Business meeting

Celebrate April birthdays with cake and ice cream. April birthdays are: Honi Glover, Lynn Moseley, and Phil Ripley.

Here are some future activities planned for May:

May 4: AARP Emergency Preparedness with Iris Altilio. Bridget Sullivan will provide Power point tech assistance.

May 11: Free Day with optional choice of car pooling over to Nashua Senior Center for a Spring Fling music and activities event from 1:00 to whenever. Let Lynn know for a head count.

May18: Donna Marceau Regional Mobility Manager to describe the many community transportation resources open to both the greater Nashua and Manchester areas. A detailed pamphlet is available.

May 25: Birthdays and Business Hopefully celebrating warmer weather!

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Andy & Loretta
Editors-at-large