

Hollis Seniors Newsletter

August 2022

Welcome to a “hot summer.” I hope everyone is staying cool.

A reminder: we are still doing Yoga with Laura, even in this hot weather. The “barn” AC is keeping the room cool. So if you are thinking that it is too hot for Yoga, come to the barn starting at 10:15 each Thursday and do some “cool” Yoga.

July events were interesting and informative.

To start, we had our annual picnic, catered by the Market Place Diner, here at the barn. Plenty of food and a good time was had by all. That’s what a picnic is all about.

The following week we had a presentation by the Hollis Fire Explorer Scouts. They put on a great demonstration of various types of equipment explained various safety procedures and what training they go through to be an Explorer Fire Scout. Additionally, the scouts also receive training to be EMTs. A wonderful program. AND we got to “explore,” just like kids, the fire truck that came to the barn. And what kid doesn’t like to sit in a fire truck. See enclosed photo.

The next week we had Laura, from “Just Naturals” demonstrate her products and why they are so helpful. The business started as a way to combat allergies and has expanded to include cleaning products, essential oils, air sprays and laundry and home products. The business is located in Bedford, at 176 S. River Road. Stop by and see just what they have.

Our last monthly meeting was our monthly business meeting along with celebrating July birthdays with cake and ice cream. Items brought up at the business meeting were:

Our participation for the Hollis Old Home Days, on 17 September 2022. Please note that seniors that are 90 years old, are eligible for a free meal voucher that Saturday. We will be having a tent highlighting our various activities and we are also planning a silent auction of Hollis Themed Baskets. Sheryl will be talking more about this in the coming weeks.

Our upcoming visit, on 4 August, is to the Trombly Farms in Milford located on 150 North River Road. Lynn is the planner for this event. We plan to car pool from the Barn to Trombly starting around 11:30, after Yoga on 4 August. The visit will include a tour of the farm along with pizza or chicken salad and ice cream. This should be a nice outing. Again, we will depart the Barn about 11:30 on 4 August. Questions? Check with Lynn.

Following are actives for August:

4 August: Yoga and vist to the Trombly Farm in Milford.

11 August: Singing along with the Tuesday Morning Singers.

18 August: Doug Nye and the history of Barrel Making and the Cooperage Shed.

25 August: Business meeting and birthday celebrations. Nancy Bell for cake and Corrine Simonds for ice cream.

Future plans:

Septemter:

Participation in the Hollis Old Home Days event

Game Day, Fun Day and Autumn Art Day

15 September: trip to the Pepperell Senior Center (Albert Harris Center). Lunch there will cost \$4.00 and there will be a dance exhibit.

October:

Trip to the Brookline Averill Winery



November:

Trip to the Antrim Tenny Farm