

Hollis Seniors Newsletter

February 2023

Reminder: we are still doing Yoga each Thursday from 1015 to 1100 AM here in the Barn. Spread the word and bring your friends. Donation is still only \$5.00.

We had great programs in January, even with some bad weather. To start, we had folks from the “Bridges” come by and offer tips on combating the winter blues and what their facility can offer to help residents combat their winter blues. Most interesting.

We then had a presentation and demonstration by members of “Delta Dogs” to include a veteran who is a recipient of a “Delta Dog.” This is a family run organization. It takes over 18 months to train a dog and their eventual human owner and this organization is in our own back yard. They are looking for volunteers, to do simply tasks such as “dog walking.” A wonderful organization that has undertaken this mission of love, devotion and support to Veterans.

The following week was our social time.

Our last meeting of the month was our business meeting as well as a discussion of the activities proposed for next month. The secretary’s and treasurer’s reports were read and accepted.

A proposal was made to establish a “telephone tree.” There are several members that do not have email or sometimes have a hard time opening and reading email. The proposal was to establish a “telephone tree” so members would be aware of any up-to-the-minute items or changes. An example would be notifications pertaining to meeting times or changes to the proposed agenda or new weather warnings, etc. There have been times where folks have had power failures yet the land line or cell phones still work. So a “telephone tree” would be most helpful on informing members. This also could prove helpful if a member needed assistance. Members will be asked to provide their “primary” phone number where they can be reached. Some folks have both a land line and a cell phone, so you will be asked to “choose one.”

Following are the activities for February.

Feb. 2: My favorite author book swap.

Bring in a book you are willing to share for a month. Explain why the author is one of your favorites.

Feb 9: CRAFT DAY

Making Valentine's Day cards and gifts for your loved ones.

Feb 16: White Elephant raffle and homemade soup sampling

There will be 15 to 20 items that will be raffled off. 1 ticket per item only. Raffle tickets are free for members and will be handed out that morning. \$5 for 10 tickets for non-members. You must be present when winners are read at the end of the day 1:00

There will be homemade soup samples for you to try!! **Four different kinds!!**

Feb 23: CELEBRATE

Business meeting and February birthdays with cake and ice cream.

February birthdays are: Paul Armstrong, Doug Nye, and Sylvia Reid

26 March: There will be a "Life-Time Recognition Party" for Jin Belanger on Sunday, 26 March 2023, from 2-4 PM. This will be an open house at the Barn and folks will be asked to simply swing by and say "Hi and Thanks" to Jim for "Jobs Well Done". Stay tuned for updates.

Remember: If schools are closed or delayed due to bad weather conditions, there will be NO seniors meeting.

Andy & Loretta
Editors at large