#### Hollis Seniors Newsletter

### March 2023

Reminder: we are still doing Yoga each Thursday from 1015 to 1100 AM here in the Barn. Spread the word and bring your friends. Donation is still only \$5.00.

February was an interesting month. To start, we had a "book review" program. Members described their favorite authors and some of their favorite books. Descriptions of the books ranged from fiction, to non-fiction to biographies, to modern works to "old-time" favorites like Mother West Wind\ series by Thornton W Burgess. A most informative day.

The following week we played "Valentine BINGO" along with creating Valentine's for friends and loved ones. Most enjoyable.

The next week we had a "White Elephant" auction consisting of over 20 various and surprising items. While the auction was going on, members were also treated to 4 different kinds of delicious home-made soups.

We did not have our last meeting of the month, which would have been our monthly business meeting, as we were "snowed out." After all, this is New Hampshire.

Following are the activities for March.

#### March 2: Exotic and unusual foods

Try tasting some special food preparations. Do you dare?!!!

# March 9: Free play day

Join us and chat while playing games. Checkers, cards, puzzles etc. will be available.

#### March 16: 360 Senior care.

(used to be called "Seniors, Helping Seniors"). The company will come out and answer your questions.

# March 14: Hollis town voting.

March 18: Hollis Town Meeting.

# March 23: Think spring and gardens.

When can I start to grow? Tips on planting and when to grow and start your garden.

**March 26:** Life-time recognition for Jim Belanger, in the "Barn" from 2-4 PM.

### March 30: Business meeting

Celebrate March birthdays with cake and ice cream. March birthdays are: Denise April, Leo Ballou, Jim Belanger, Nancy Bell, Joyce Finney, Maria "Ria" Fort, Joan Jalbert, Mark Marden, and Evelyn Muzzey.