

Hollis Seniors January 2024 Activities

Lawrence Barn / 11:00 am

Pre-meeting Activity 10:15 - 11:00 am:

Chair Yoga (lead by certified yoga instructor)

You need not be a member of Seniors to participate.

Donation \$5.00

January 4 ~ Let's bring in the New Year with a bang!

- "Meet and Greet" your new Officers with
 Conversation and coffee
- 'Whatcha Think?" Survey
 We welcome your ideas for the coming year

January 11 ~ Fraud / Scam Presentation with Officer Josh Hooper and Emergency Management System Update with Deane Navaroli, Director.

• We need to be careful out there!

January 18 ~ Delish "Lunch with the Ladies of Hollis" ~ Leslie and Liz

Menu not yet finalize but it's sure to be a DELIGHT!

January 25 ~ Monthly Meeting and Birthday Celebration!!!!!!!