Hollis Seniors Newsletter

November 2022

Reminder, we are still doing Yoga each Thursday from 1015AM to 1100AM here in the "Barn." Spread the word and bring your friends.

October was an interesting month of activities. To start, Mike Hughes (Laura's husband) gave us a very interesting talk on aviation. Mike is a retired airline pilot and still keeps his hand in aviation activities. The presentation centered around various aspects of the aviation industry to include rules, procedures, and future programs, such as "electric airplanes". If we can have "Tesla" cars, I guess electric Cessna planes are not that far off in the future. That is how fast the transportation industry is moving.

The next week we had a visit from Carolyn and her comfort dog Merlin. Carolyn explained how comfort dogs are bringing "comfort" to many, many people, both young and old alike. Great program!

The following week we had some social time with various games such as bingo, etc. We also had a visit from medical insurance folks explaining the latest changes to the Medicare program. Many changes are happening.

Our last meeting was our monthly business meeting along with celebrating October birthdays with cake and ice cream. Items brought up at the meeting were as follows:

Distribution of funds that came from our Seniors Silent Auction that was held at the Hollis Old Home Days event. It was voted that donation of the funds would be split between the Hollis Shepard Fund and the Delta Dog program.

Our annual Christmas party: It was voted to hold the Christmas Party here at the Barn on 22 Dec 2022. This will be a sit-down, catered meal organized by Beth and her Mother. Meal selection and cost will be decided at our next meeting. We will make the selection and cost known as soon as possible. Members will need to decide if they are coming to the party so that we can get an accurate head count.

Gift bags for residents living in the Hollis Senior Housing was discussed. Volunteers are needed to assemble the bags.

There was a discussion on "spending down" our treasury.
Recommendations and expenditure decisions will be discussed in the near future, probably after the new year.

A slate of officers for next year was presented. Note, folks can still volunteer for any of the positions. The slate is

President: Don Ryder Vice President: Nancy Bell Secretary: Kat Peterson Treasure: Dave Seager.

Appointed positions are

Lynn Mosley for Programs Director

Andy & Loretta Seremeth, Newsletter Editors.

Again, all positions, elected and appointed are open to any volunteers.

Following are activities for November:

3 November: A presentation on the Mill Yard Bank, which is the new bank in Hollis.

10 November: There may be a presentation from United Health Care. It is not firm. We may discuss the formation of a Programs Committee and have some fun with Jams and Jellies tastings.

15 November: WALKERS: Hampshire Hills is again offering to seniors free walking along their indoor track. BUT you must register and be at least 70 years old. Registration starts on 15 Nov and walking is from 10AM to 1PM or 2 PM on Tuesdays through Fridays. Please bring a photo ID.

17 November: This will be our business meeting and celebration for November birthdays with cake and ice cream. November birthdays are: Bob Glover, Kathy Peterson, Chickie Pitrays, and Loretta Seremeth. Beth and Ria for CAKE and Florence for ICE CREAM

24 November: Happy Thanksgiving! There will NOT be a seniors meeting.

December events:

Possible HBHS jazz band. Voting for officers for 2023. See above slate Annual Christmas Party, here at the Barn, on 22 DECEMBER 2022.

Andy & Loretta Editors-at-Large