

Hollis Seniors Newsletter

October 2023

Reminder: we are still doing Yoga each Thursday from 10:15-11:00 AM here in the Barn. Spread the word and bring your friends, as it is open to everyone. Donation is still only \$5.00.

It is a sad note that one of our long time members, Mark Marden, passed away on 22 September. Our condolences to Mark's family and friends.

September had interesting events here at the Barn for us Seniors. Specifically:

We started with a presentation of "Gadgets and Gizmos" that are a help to seniors, both inside their houses and outside their houses. They were interesting items.

We next had some Seniors social time. This gave us a chance to enjoy our fellow members.

We then had another fabulous lunch with Liz and Leslie. These lunches that the ladies serve are just out of this world. We followed up lunch time with a presentation by our Hollis Fire and Rescue on fire safety for this upcoming fall and winter season.

On our end of September meeting we held our monthly business meeting. We celebrated our September birthdays with cupcakes and ice cream. Additionally, we discussed:

1. Upcoming nominations for officers for next year. We would like to have a nominating committee to come up with a slate of officers. And folks certainly can volunteer.
2. An update on our membership roster.
3. A discussion on our annual Christmas party to be held in December. It will be catered. Stay tuned for more information.

Activities for October:

5 October: Table Trivia challenge: Bob Fiero offers a challenge between tables on trivia. Bring your knowledge cap on things from the past.

12 October: Dr. Kris Rench will talk about the latest safety measures and advancements available to seniors.

19 October: Another fabulous lunch served by Leslie and Liz. Prior to lunch, a search: word search mind builders.

26 October: October business meeting and ice cream and cake to celebrate October birthdays.

Responsible for cake: Pam Arpin.

Responsible for ice cream: Loretta Seremeth.

October Birthdays are: Sandy Belanger, Rick Marchant, Tom Schofield, and Linda Seager.

Don Ryder
President, Hollis Seniors

Andy and Loretta
Editors-at-large

Reminder: No meeting if there is a delayed school opening or schools are closed due to weather. Yoga is also canceled.